

## 习题课讲义

**Def.** 称  $f$  在  $[a, b]$  上可积. 记  $f \in R[a, b]$ . 指  $\|T\| \rightarrow 0$  时  $S_n(T)$  极限存在且与  $x_i$  选取无关. 极限定义为  $f(x)$  在  $[a, b]$  上积分. 记为  $\int_a^b f(x) dx$

**Rmk:**  $f(x)$  连续 / 有限个第一类间断点 / 有限个有界震荡间断点.  $\Rightarrow$  可积

$f(x)$  在  $[a, b]$  无界  $\Rightarrow$  不可积

**例:** 有原函数 + 不连续 + 可积

$$F(x) = \begin{cases} x^2 \sin \frac{1}{x}, & 0 < x \leq 1 \\ 0 & x=0 \end{cases} \quad f(x) = \begin{cases} 2x \sin \frac{1}{x} - \cos \frac{1}{x} & 0 < x \leq 1 \\ 0 & x=0 \end{cases}$$

有原函数 + 不连续 + 不可积

$$F(x) = \begin{cases} x^2 \sin \frac{1}{x^2}, & 0 < x \leq 1 \\ 0 & x=0 \end{cases} \quad f(x) = \begin{cases} 2x \sin \frac{1}{x^2} - \frac{2}{x} \cos \frac{1}{x^2}, & 0 < x \leq 1 \\ 0 & x=0 \end{cases}$$

**例:** 极限与积分不能交换的例子

$$f(x) = 0, \quad f_n(x) = 2^n \chi_{\{1 - \frac{1}{2^{n-1}} < x < 1 - \frac{1}{2^n}\}}$$

$$\text{则 } \int_0^1 f_n(x) dx = 0, \quad \int_0^1 f_n(x) dx = 1, \quad \lim f_n(x) = f(x).$$

$$\text{但 } \lim_{n \rightarrow \infty} \int_0^1 f_n(x) dx \neq \int_0^1 \lim f_n(x) dx$$

含参积分求导:  $F(y) = \int_{a(y)}^{b(y)} f(x, y) dx$

$$F'(y) = \int_{a(y)}^{b(y)} f_y(x, y) dx + f(b(y), y) b'(y) - f(a(y), y) a'(y)$$

## 补充例题：

1. 设  $f(x) \in C^2[0, 2]$ ,  $f'(0) = f'(2) = 0$ . Pf:  $\exists \bar{z} \in (0, 2)$ , 使得  $\int_0^2 f(x) dx = f(0) + f(2) + \frac{1}{3} f''(\bar{z})$

Proof: 令  $g(x) = \int_0^x f(t) dt$ . 则

$$g(1) = g(0) + g'(0) + \frac{g''(0)}{2} + \frac{g'''(\bar{z})}{6}$$

$$g(1) = g(2) + g'(2) + \frac{g''(2)}{2} + \frac{g'''(\eta)}{6}$$

$$\text{则 } f(0) + \frac{1}{6} f''(\bar{z}) = \int_0^2 f(x) dx - f(2) - \frac{1}{6} f''(\eta)$$

由二阶导连续，有

$$\int_0^2 f(x) dx = f(0) + f(2) + \frac{1}{6} (f''(\bar{z}) + f''(\eta)) = f(0) + f(2) + \frac{1}{3} f''(\bar{z})$$

2. Lemma:  $\int_0^a (\int_0^x f(t) dt) dx = \int_0^a f(x) (a-x) dx$

$$\int_0^a (\int_0^x f(t) dt) dx = x \int_0^x f(t) dt \Big|_0^a - \int_0^a x d(\int_0^x f(t) dt)$$

$$= a \int_0^a f(t) dt - \int_0^a x f(x) dx$$

$$= \int_0^a f(x) (a-x) dx$$

$$(交换积分次序) \quad \int_0^\pi \left( \int_0^x \frac{\sin t}{\pi-t} dt \right) dx = \int_0^\pi \frac{\sin x}{\pi-x} (\pi-x) dx = \int_0^\pi \sin x dx = 2$$

3. (对称性)  $\int_0^{\frac{\pi}{2}} \frac{\sin x \cos x}{1+\sqrt{\tan x}} dx$

$$\text{令 } x = \frac{\pi}{2} - t. \text{ 则有 } \int_0^{\frac{\pi}{2}} \frac{\sin x \cos x}{1+\sqrt{\tan x}} dx = \int_{\frac{\pi}{2}}^0 \frac{\sin(\frac{\pi}{2}-t) \cdot \cos(\frac{\pi}{2}-t)}{1+\sqrt{\tan(\frac{\pi}{2}-t)}} d(\frac{\pi}{2}-t)$$

$$= \int_0^{\frac{\pi}{2}} \frac{\sin t \cos t \cdot \sqrt{\tan t}}{1+\sqrt{\tan t}} dt$$

$$\text{故 } \int_0^{\frac{\pi}{2}} \frac{\sin x \cos x}{1+\sqrt{\tan x}} dx = \frac{1}{2} \int_0^{\frac{\pi}{2}} \sin x \cos x dx = \frac{1}{4}$$

(对称性与单调性)

$f(x) \in [a, b]$  连续单增. 证明:  $\int_a^b x f(x) dx \geq \frac{a+b}{2} \int_a^b f(x) dx$

Proof:  $\Leftrightarrow \int_a^b (x - \frac{a+b}{2}) f(x) dx. \quad x - \frac{a+b}{2} = t$

$$\Leftrightarrow \int_{-\frac{b-a}{2}}^{\frac{b-a}{2}} t f(t + \frac{a+b}{2}) dt \geq 0$$

$$\text{令 } h = \frac{b-a}{2}, k = \frac{a+b}{2} \quad \text{则}$$

$$\begin{aligned} LHS &= \int_{-h}^h t f(t+k) dt = \int_0^h t f(t+k) dt + \int_{-h}^0 t f(t+k) dt \\ &= \int_0^h t [f(k+t) - f(k-t)] dt \geq 0 \end{aligned}$$

4.  $f(x)$  在  $[0,1]$  上非负连续.  $f^2(x) \leq 1 + \int_0^x f(t) dt$ . 求证:  $f(x) \leq 1+x$ .

Proof: 令  $g(x) = f(x) - x$ . 则

$$g^2(x) + 2xg(x) + x^2 \leq 1 + 2 \int_0^x g(t) dt + x^2$$

$$g^2(x) - 1 \leq 2 \left( \int_0^x g(t) dt - x g(x) \right)$$

$f$  连续  $\Rightarrow g$  连续. 令  $x_0$  为  $g(x)$  在  $[0,1]$  上最大值点. 则

$$g^2(x_0) - 1 \leq 2 \left( \int_0^{x_0} g(t) dt - x_0 g(x_0) \right) \leq 2 x_0 (g(1) - g(x_0)) \leq 0$$

$$\Rightarrow g(x) \leq g(x_0) \leq 1 \quad (g(x) \geq -1)$$

5.  $f(x)$  在  $R$  上连续.  $f(x) \int_0^x f(t) dt$  在  $R$  上单调递减, 求证:  $f(x)$  为常值.

Proof: ①  $f(x) = c$ . 则  $f(x) \int_0^x f(t) dt = c^2 x$  单减  $\Rightarrow c=0$ .

$$\text{即 } f(x) \equiv 0$$

② 若  $f(0) > 0$ . 令  $\varepsilon = \frac{f(0)}{2} > 0$ .  $\exists \delta$ .  $\forall x \in (-\delta, \delta)$ .  $f(x) > f(0) - \varepsilon = \frac{f(0)}{2} > 0$ .

$$\forall x \in (0, \delta). \quad f(x) \int_0^x f(t) dt > \frac{f(0)}{2} \cdot \frac{f(0)}{2} x = \frac{f(0)^2}{4} x > 0 = f(0) \int_0^0 f(t) dt$$

与单减矛盾  $f(0) < 0$  亦然.  $\Rightarrow f(0) = 0$

$$\textcircled{3} \quad \varphi(x) = f(x) \int_0^x f(t) dt = \left[ \left( \frac{1}{2} \int_0^x f(t) dt \right)^2 \right]' = F'(x)$$

则  $F'(x) \downarrow$ .  $F'(0) = 0$ . 故 0 为  $F(x)$  极大值点

$$0 \leq F(x) \leq F(0) = 0 \Rightarrow F(x) \equiv 0 \Rightarrow \int_0^x f(t) dt \equiv 0$$

$$\text{故 } f(x) = \int_0^x f(t) dt \stackrel{f'(x)}{=} 0$$

6.  $f(x) \in C'[0,1]$ ,  $f(0) = 0$ . 求证:  $\int_0^1 |f(x)|^2 dx \leq \frac{1}{2} \int_0^1 (1-x^2) |f'(x)|^2 dx$ . 仅在  $f(x) \equiv cx$  处取等

$$\text{Proof: } f'(x) = \left( \int_0^x f'(t) dt \right)' = \left( \int_0^x f'(t) dt \right)^2 \leq \int_0^x (f'(t))^2 dt \cdot \left( \int_0^x 1 dt \right) = x \int_0^x (f'(t))^2 dt$$

$$\begin{aligned} \text{两边积分: } \int_0^1 f'(x)^2 dx &\leq \int_0^1 x \int_0^x (f'(t))^2 dt dx = \int_0^1 \left( \int_0^x f'(t)^2 dt \right) d \frac{x^2}{2} \\ &= \frac{1}{2} \int_0^1 f'(t)^2 dt - \frac{1}{2} \int_0^1 f'(t)^2 t^2 dt = \frac{1}{2} \int_0^1 (1-x^2) f'(x)^2 dx \end{aligned}$$

取等为  $f' = \lambda$   $\Leftrightarrow f = cx$

7.  $f(x)$  在  $[0,1]$  上有  $f(0) = f(1) = 0$  且连续可微. 求证:  $\left( \int_0^1 f(x) dx \right)^2 \leq \frac{1}{12} \int_0^1 (f'(x))^2 dx$ . 仅在  $f(x) = Ax(1-x)$  处.

Hint: 考虑 Cauchy.

$$\text{由不等号方向: } \int_0^1 f'(x)^2 dx \cdot \int_0^1 g'(x)^2 dx \geq \left( \int_0^1 |f'(x)g'(x)| dx \right)^2$$

$$\text{再由取等: } f'(x) = cg(x) \Leftrightarrow \exists t \in [0,1] \text{ 使 } f(x) = Ax(1-x).$$

取  $A=1$ ,  $g(x) = 1-2x$ . 即

$$\begin{aligned} \text{Proof: } \int_0^1 |f'(x)|^2 dx \cdot \int_0^1 (1-2x)^2 dx &\geq \left( \int_0^1 f'(x)(1-2x) dx \right)^2 = \left( \int_0^1 (1-2x) df(x) \right)^2 \\ &= (f(x)(1-2x)) \Big|_0^1 - \int_0^1 f(x)d(1-2x) \Big|^2 = 4 \left( \int_0^1 f(x) dx \right)^2 \end{aligned}$$

$$\text{而 } \int_0^1 (1-2x)^2 dx = \frac{1}{3}. \text{ 代入. 则}$$

$$\left( \int_0^1 f(x) dx \right)^2 \leq \frac{1}{12} \int_0^1 |f'(x)|^2 dx$$

8.  $f(x) \in C'[0,1]$ ,  $f(0) = 0$ ,  $f(1) = 1$ . 求证:  $\int_0^1 |f(x) + f'(x)| dx \geq 1$

$$\text{Proof: } \int_0^1 |f(x) + f'(x)| dx = \int_0^1 |e^x f(x) e^{-x}| dx \geq \frac{1}{e} \int_0^1 (e^x f(x))' dx = \frac{1}{e} \cdot e^x f(x) \Big|_0^1 = 1$$

9.  $f(x)$  在  $[0,1]$  上连续, 且  $0 \leq f(x) \leq 1$ . 求证:  $2 \int_0^1 x f(x) dx \geq (\int_0^1 f(x) dx)^2$ , 并求取等.

Proof:  $f(x) \in C[0,1] \Rightarrow F(x) = \int_0^x f(t) dt$  可微.

$$\text{令 } G(x) = 2 \int_0^x t f(t) dt - (\int_0^x f(t) dt)^2$$

$$G'(x) = 2x f(x) - 2 f(x) \int_0^x f(t) dt = 2 f(x) (x - \int_0^x f(t) dt) \geq 0$$

故  $G(1) \geq G(0) = 0$  成立.

取等:  $G(1) = G(0) = 0 \Rightarrow G'(x) = 0$ . 即  $\int_0^x f(t) dt = x \Rightarrow f(x) = 0 \Rightarrow f(x) \equiv 0$  或  $f(x) \equiv 1$

10.  $f(x)$  在  $[0,1]$  上可微.  $x \in (0,1)$  时  $f'(x) \in (0,1)$ ,  $f(0) = 0$ . 试证:  $(\int_0^1 f(x) dx)^2 > \int_0^1 f^3(x) dx$

Proof: 令  $G(x) = (\int_0^x f(t) dt)^2 - \int_0^x f^3(t) dt$

$$G'(x) = f(x) \cdot [2 \int_0^x f(t) dt - f^2(x)]$$

$$\text{令 } H(x) = 2 \int_0^x f(t) dt - f^2(x)$$

$$H'(x) = 2f(x) - 2f(x)f'(x) = 2f(x)(1-f'(x)) > 0$$

$\therefore H(x) \uparrow$ .  $H(x) \geq H(0) = 0$

$\therefore G'(x) > 0$ .  $G(1) \geq G(0) = 0$

另解:  $\frac{(\int_0^1 f(x) dx)^2}{\int_0^1 f^3(x) dx} > 1$

令  $F(x) = (\int_0^x f(t) dt)^2$ ,  $G(x) = \int_0^x f^3(t) dt$ .

$$\begin{aligned} \frac{F(1)}{G(1)} &= \frac{F(1) - F(0)}{G(1) - G(0)} = \frac{F'(1)}{G'(1)} = \frac{2 \int_0^1 f(t) dt}{f^2(1)} \quad \text{再来一议!} \quad 3 \in (0,1) \\ &= \frac{2 f(1)}{2 f(1) f'(1)} = \frac{1}{f'(1)} > 1 \quad \eta \in (0,1) \end{aligned}$$

11.  $f(x), g(x) \in C[a,b]$ . 单增. 证明:  $\int_a^b f(x) dx \cdot \int_a^b g(x) dx \leq (b-a) \int_a^b f(x) g(x) dx$ .

Proof: 令  $F(u) = (u-a) \int_a^u f(x) g(x) dx - \int_a^u f(x) dx \cdot \int_a^u g(x) dx$

$f, g \in C[a,b] \Rightarrow F(u)$  可微

$$F'(u) = \int_a^u f(x) g(x) dx + (u-a) f(u) g(u) - g(u) \int_a^u f(x) dx - f(u) \int_a^u g(x) dx$$

$$= \int_a^u (f(u) - f(x))(g(u) - g(x)) dx \geq 0$$

$$\therefore F(b) \geq F(a) = 0$$

$$12 \int_0^{+\infty} x^3 e^{-x^2} dx$$

$$\begin{aligned} \int_0^{\infty} x^3 e^{-x^2} dx &= -\frac{1}{2} \int_0^{\infty} x^2 d e^{-x^2} = -\frac{1}{2} x^2 e^{-x^2} \Big|_0^{+\infty} + \frac{1}{2} \int_0^{+\infty} e^{-x^2} 2x dx \\ &= -\frac{1}{2} \int_0^{+\infty} de^{-x^2} = -\frac{1}{2} e^{-x^2} \Big|_0^{+\infty} = \frac{1}{2} \end{aligned}$$

$$13 \lim_{n \rightarrow \infty} \frac{1^p + 2^p + \dots + n^p}{n^{p+1}} \quad p > 0.$$

$$\lim_{n \rightarrow \infty} \frac{(\frac{1}{n})^p + (\frac{2}{n})^p + \dots + (\frac{n}{n})^p}{n} = \int_0^1 x^p dx = \frac{1}{p+1}$$

$$14 \text{ Pf: } \int_0^{2\pi} \sin x^2 dx > 0$$

Proof:  $\sum x^2 = y$ .

$$I = \int_0^{2\pi} \sin y \cdot \frac{1}{\sqrt{y}} dy = \frac{1}{2} \int_0^\pi \frac{\sin y}{\sqrt{y}} dy + \frac{1}{2} \int_\pi^{2\pi} \frac{\sin y}{\sqrt{y}} dy = I_1 + I_2$$

$$I_2 \neq y = \pi. \quad I_2 = \frac{1}{2} \int_\pi^{2\pi} \frac{\sin y}{\sqrt{y}} dy = -\frac{1}{2} \int_0^\pi \frac{\sin z}{\sqrt{z+\pi}} dz$$

$$\therefore I = \frac{1}{2} \int_0^\pi \sin y \left( \frac{1}{\sqrt{y}} - \frac{1}{\sqrt{y+\pi}} \right) dy > 0$$